

ONE AND DONE

GARY RYAN BLAIR

WE'RE ALL **PLAYING** A HIGH STAKES GAME OF

ONE AND DONE.

YOU HAVE EXACTLY **ONE LIFE** IN WHICH TO DO **EVERYTHING YOU'LL EVER DO.**

WHETHER YOUR GOALS AND DREAMS ARE TO BE OR NOT TO BE IS **SOLELY DEPENDENT** UPON YOUR **ACTIONS.**

WAKE UP. GET SERIOUS.

USE YOUR TIME **WISELY.**

FOR ALL THE **GREAT ADVENTURES** YOU WANT TO **EXPERIENCE** IN LIFE,

TIME IS RUNNING OUT.

YOU NEVER KNOW WHEN THE LAST

GRAIN OF SAND WILL FALL THROUGH THE MIDDLE OF YOUR OWN **HOURGLASS.**

TIME REALLY IS **RUNNING OUT** FOR YOU TO

WRITE THAT **BOOK**, CLIMB THAT **MOUNTAIN**,

LEARN THAT **INSTRUMENT** AND MAKE **YOUR MARK.**

DARE MIGHTY THINGS. TAKE MASSIVE ACTION.

GIVE YOUR LIFE THE MOMENT

IT'S BEEN WAITING FOR!